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Red Awards

The LTA Mini Tennis Red Awards have been designed for players between the ages of 5 and 8 years old to help mini players take part in exciting exercises with regular rewards which encourage them to develop their tennis skills at a pace that suits them.

Mini Red players progress through different levels by acquiring new skills and taking part in exercises. There are four levels in Mini Red: Red 5, Red 10, Red 15, Red 20.

Within each of the four levels, Mini Red players learn and are tested on four important skills:

- **Rally** - Learning and developing rallying skills
- **Serve** - Learning and developing serving skills
- **Come to the net** - Learning and developing movement forwards and volleying
- **Score and Compete** - Learning the rules, how to score, how to compete and fair play

The LTA Mini Tennis Red Awards can be completed with a sponge or a felt ball.

Within the Mini Tennis Red Awards there are:

- **Key teaching points** - these are technical points to be aware of, which can be built into lessons as areas of development, but they should not all be used at the same time.
- **Movement** - movement skills are vital for development and are written into each Awards skill exercise.
- **Mental skills** - are vital for all round game development and are written into each Awards skill exercise.

